

Rural Pre-school Teaching and Community Assistance, JAMBIANI, ZANZIBAR



At African Impact, we see ourselves as the on-the-ground AFRICAN SPECIALISTS in volunteering. African Impact was founded in 2005 and we have had over 6000 volunteers join our volunteer programmes in Africa. We have operation offices in Cape Town, South Africa, with supporting operations offices in Kenya, Mozambique, Tanzania, Zimbabwe and Zambia. Our staff and volunteers were determined to make a difference in the amazing communities and conservation areas in which we work. And they did... and so can you...

Situated just off the Tanzanian coast in East Africa, Zanzibar is a fascinating archipelago with a deeply embedded history, an intriguing blend of cultures and stunningly beautiful beaches and sea life.

Renowned for its white-sand beaches and turquoise waters, it is also home to many historical monuments, Chumbe Island Marine Reserve and Jozani Forest, where the indigenous Red-colobus monkey can be found. The South coast offers you the chance to swim with dolphins in the warm waters of the Indian Ocean.

Zanzibar Town, known to with its old Stone Town (declared a world heritage site by UNESCO), is the capital of the archipelago. With a unique mix of Indian, Arab, and African mainland influences, its mesmerising culture permeates the main islands. The old Stone Town, with its narrow alleys winding amongst bustling markets and mosques, boasts amazingly crafted large wooden doors, which can be admired for hours.

Jambiani, where you will spend most of your time as a volunteer, is a village located on the southern part of Zanzibar's beautiful and quiet east coast. About an hour's drive from Stone Town, Jambiani is a long village stretched along the coastline, with stunning and long white-sand beaches where it will seem like you can walk forever.

African Impact

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Here you will find a community operating at a leisurely pace amidst the sunny, tropical climate. You will witness incredible sunrises and enjoy the warm waters, but more importantly gain a deep insight into life on the island and an array of experiences you will treasure for a long time.

Project Achievements so far:

For the past few years African Impact volunteers have contributed over 13850 hours to community development in the Jambiani community in Zanzibar. Our project structures, together with the support and advice of our charitable foundation team at The Happy Africa Foundation, are continuously assessing our work and project strategies to ensure that these hours are meaningful with measurable outcomes.

During this period we have completed the painting of all classrooms and blackboards at Jambiani High School (approx. 20 classrooms). At the end of October 2009 we commenced a special educational needs implementation plan within Jambiani High School, working with 2 blind children, 2 children with learning disabilities and 1 child with hearing disability - we are currently working with these children and the teachers every morning. We have our very own youth football team – Dulla Boys - comprising of 27 teenage boys from Jambiani - the aim to give them a common goal, team work, social skills/awareness and a purpose, plus we encourage them to attend weekly English classes with our volunteers, and work alongside us in our community work.

In October last year, we held our first sports day event between 2 nursery schools - it was a great success with 80 children taking part, plus the school teachers! More recently we held our third sports day and they are getting bigger and better – this time we had 3 nursery schools, with 150 children taking part and 20 locals helping organize the event – it was a fantastic day, the children love the races and the craziness of the event and the teachers are now very competitive!! We now have a very good relationship with the local volunteer teachers at all 3 Nursery Schools and have a programme of teaching the teachers English once/twice a week - a very rewarding role, as this will empower these teachers to continue and build on our English classes with the children.

At the end of last year, our volunteers designed and made good the play area at Sirajetil Nursery School, and dug a



shamba on the school grounds so the teachers could grow fruit/vegetables to sell for school funds. This project has been very successful and we are taking it a step further and are digging large shambas at each Nursery School, so that we can help the teachers grow much needed high nutritional fruit/vegetables, which they can give to the children, either as part of their mid-morning meal provided by the school, or to take home for their families to cook and benefit from.!

Location: Jambiani, Zanzibar Island (off the coast of Tanzania)

Project Age Limit: Minimum 18 years, maximum dependent of potential participants' health.

Required Experience: Some previous bike riding experience would be helpful but is not essential.

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Project Highlights

- Gain teaching experience in various nursery schools and a tourism training institute
- Teach English to not only children and students, but also teachers and other community leaders
- Assist in improving educational facilities in the community
- Enjoy cycling through the village and on the beach to and from your volunteer projects
- Developmental games with pre-primary school children & sport-afternoons on the beach
- Playing a role in keeping the beach and village environment clean
- Get a glimpse of life on the island, and have the opportunity to make a tangible difference in a community
- Get a taste of the Zanzibar culture; learn a bit of Kiswahili!
- A great platform to not only explore other areas of the archipelago and try your hand at some water sports, but also to experience some of the finest safari destinations on the continent



Volunteer Involvement in local Pre-schools

There are 4 pre-schools in Jambiani. Volunteers support the local teachers in educating and playing with children. TEFL graduate volunteers are most welcome! They get involved in:

- Teaching English to children, teachers and local adults (This is where a TEFL qualification comes in handy, although this is not an absolute must)
- Singing and dancing with children
- Developing the children's creative skills through crafts such as painting, drawing and colouring
- Playing developmental games with the children
- General upkeep of the school to keep it a pleasant environment in which to learn.



Primary and Secondary schools

Working in the primary and secondary schools, with too many children to accommodate at one time, and shortages of staff and facilities, often two school sessions are run per day. You will find that most of the schools have meagre and ill-equipped facilities, but a wealth of children with a desire to learn. As a volunteer, you will assist teachers and contribute to our effort of providing children with a better education, especially by aiding them in the English language (Again where a TEFL qualification would be really useful for your volunteer project).

These are the ways in which you will assist in the schools:

- Teaching in the classes (qualified teachers only and pre arranged before trip)
- Organise and coordinate sport afternoons with the students
- Help maintain and even repair the facilities, most of which are quite run down



School holidays are set for the following dates in 2011:

Term 1: 3 January 2011– 21 April 2011

Holidays: 22 April 2011 – 1 May 2011

Term 2: 2 May 2011 – 29 July 2011

Holidays / Ramadan: 30 July 2011 – 4 September 2011

Term 3: 5 September 2011 – 2 December 2011

Holidays: 3 December 2011 – 1 January 2012

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Ramadan – School Holiday for 2011

Ramadan: 30 July 2011 – 4 September 2011

“Ramadan is an Islamic religious observance that takes place during the ninth month of the Islamic calendar; the month in which the Qur'an (occasionally written as Koran in non-Islamic cultures) was revealed to the Prophet Muhammad. It is the Islamic month of fasting, in which participating Muslims do not eat or drink anything from true dawn until sunset. Fasting is meant to teach the person patience, sacrifice and humility. Ramadan is a time to fast for the sake of Allah, and to offer more prayer than usual. During Ramadan, Muslims ask forgiveness for past sins, pray for guidance and help in refraining from everyday evils, and try to purify themselves through self-restraint and good deeds.”

(From: <http://en.wikipedia.org/wiki/Ramadan>)

During this month all school children will be on holiday and the schools will be closed so there will be NO volunteer work associated with the schools in this month. However, there is still plenty of work to do; volunteers could be involved in some of the following activities:

- Work on the project will be focused on manual labour, such as painting, repair work, and possibly some building, depending on what we need to be done at that time
- Environmental maintenance work such as litter pick-ups and planting trees
- Making school resources such as posters and lesson plans, etc.
- We hope that our adult literacy lessons can continue, although this depends on how energetic the students are feeling during their month of fasting.

During Ramadan our volunteers cannot eat, drink, smoke or chew in public. You will however be able to have normal meals back at the project base. Please also bear in mind that everything will be slower than usual in Zanzibar BY FAR as all the locals will be fasting which makes them tired!!!

Jambiani Tourism Training Institute (JTTI)

In general tourism is considered to be the sector of activity with the most potential in Zanzibar. There is a drive through the tourism sector to deal with the issues of poverty reduction, education, youth, gender and the environment amongst others. Jambiani Tourism Training Institute was established to address these problems and to tackle the issue of many ‘foreigners’ (mainly from Tanzania mainland and Kenya) being employed in the local tourism sector, instead of local villagers. The training school aims to train local villagers from Jambiani until they are themselves able to gain employment at nearby hotels and tourism facilities. Volunteers get involved by teaching English to the local adults who need to learn how to communicate with the tourists when working in the local tourism industry.

Please Note: Jambiani Tourism Training Centre is seasonal and does not run all year round!
(Will be closed from 2nd April – 10th April 2011).



If you are volunteering on our Zanzibar project during the time that there is a Zanzibar Public Holiday, you will have these days off to yourselves to either relax or do other tourist activities on the island.



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Please be advised that we endeavor to keep all of our project documents up to date, however, due to the constantly evolving nature of a sustainable project this project will be at different stages over the next few months. Some projects will become self sufficient and no longer require the assistance of volunteers, others will slightly change focus and new ones will begin. Volunteers will be involved in a diverse range of project work as things evolve and develop, all of which are moving the project towards a common goal.

PLEASE NOTE: Whilst Zanzibar is indeed a wonderful place to visit, with many brilliant activities on offer to do during “off” times, African Impact do have certain commitments and obligations within the community that we need to fulfill, and relationships we need to uphold. So please do not view your placement as a holiday, there is much good and much-needed work to be done in this community.

Some great reasons to join the Zanzibar Teaching and Community Assistance Volunteer Programme

- Tropical Island and a beautiful destination
- Getting to know a different culture
- Getting involved in different areas of the project (educational, conservation and community)
- Great seafood and tropical fruit
- Make a child's day by spending time with them at the nursery schools
- Sports on the beach
- Our crazy project managers are awesome!
- Impacting the education of the local Jambiani people so that they can benefit from Zanzibar Tourists
- Enjoying a tropical BBQ on the beach
- Incredible snorkeling and diving off Zanzibar island
- Learning how the local women farm seaweed, do pottery and sew beautiful bright clothing
- Meeting an incredibly funny Jambiani herbalist
- Having meals with a local family in a local way
- Making a difference as you live and work as a volunteer in an amazing little village



Project Typical Day

Here is how a typical day in the life of a Zanzibar volunteer might take shape. Please note that your itineraries may differ from this, depending on your own experience/interests and the number of other volunteers on the placement at the same time. It will also depend on current projects on the go, school roster (e.g. school holidays) and tidal patterns (environmental work on the beach). The below serves as a guideline only.

This is merely to give an example from Monday to Friday:

- **06:00** Wake up and join your Project Manager for a sunrise jog on the beach – it's worth it we promise!
- **07:30** Breakfast of fruit, eggs and toast at African Impact Base
- **08:45** Cycle to adult English class at Jambiani Tourism Training Institute
- **10:30** Start teaching a themed class at one of our local nursery schools
- **12:00** Leave school and cycle back to our African Impact base for some sun & time out
- **13:00** Lunch break
- **15:00** Time for some manual labour (painting, gardening, litter pick-ups & repairing) or some community English teaching in small groups, such as working with the women in the kanga shop or the teachers from one of the nursery schools
- **17:30** You will make your way back to your base just a few minutes away. Now you will be able to cool down with a swim, find a cold drink, visit the internet café, socialize with the locals/other volunteers or just relax and unwind on the beach.

In the evenings volunteers discuss their day amongst each other whilst having supper together and prepare teaching material for the project the next day. You will have Saturdays and Sundays “off” to do any tourist activities or to rest from your week of volunteering.

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Please be advised that Zanzibar is a Muslim country where drinking alcohol is not looked upon favourably. Therefore, we have the following rules at our volunteer project in Zanzibar to ensure that we continue to have good relations within the Jambiani community:

- There will be NO drinking allowed whatsoever during working hours on weekdays or during weekday evenings
- NO drunkenness whatsoever is allowed in Jambiani at all (at all times!)
- Volunteers must finish alcoholic beverages where they were purchased. They may not take them away and walk around with them, on the beach, etc.
- Drugs, in any form, are not permitted to be used or be in your possession at any time. Any drug possession holds a heavy prison sentence in Zanzibar and if found, African Impact reserve the right to terminate your placement with immediate effect.



Project Cost:

You are welcome to volunteer for anything from 2 weeks up to 8 weeks on this project. If you are volunteering for longer than 4 weeks, you will need to purchase an additional volunteer visa once you are at the project. This will cost you an extra USD100 and you will need to bring 6 coloured passport photos with you, as well as a colour photocopy of your passport. Our Zanzibar Project Manager will assist you with arranging this visa once you are at the project.

Project Cost Includes

- Project Fee: this entails financing that goes directly back into the project that you are involved with. This project fee facilitates funding for items such as building materials, equipment, supplies, foodstuffs, etc. Project fees are also used to buy vehicles/equipment and for developing new housing for volunteers to provide for the expansion of the project.
- All airport transfers from Zanzibar Airport or ferry port/harbour upon your arrival and departure
- Orientation program
- Any daily transport that might be required as part of the project during your stay
- Full board and lodging which includes 3 meals a day in Jambiani at your African Impact Base (exception of 1 night a week at a local restaurant)
- Weekly laundry service during your stay
- Assistance in your projects by various African Impact staff and volunteer coordinators
- Full support from African Impact and your coordinator throughout your time on your Zanzibar placement

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Project Cost Excludes

- Personal travel insurance for the duration of your placement which must include cover for repatriation
- All transport by air or ferry to Zanzibar Island
- All items of a personal nature, such as curios, gifts, clothing (work and other)
- E-mail/Internet and telephone calls
- Soft drinks, wines and spirits
- All visas for border crossings
- Any excursions over and above your planned itinerary in Zanzibar and Tanzania
- Transportation that is not related to the project

Project Orientation

Upon your arrival in Zanzibar you will be met with an African Impact sign with your name on it and from there you will be escorted to your new 'home' where an African Impact representative will meet you. Once you have settled in and depending when you arrive, you will be briefed on the itinerary of the orientation program. You will receive a detailed Welcome Pack, which will contain all the important information you may need.

Project Support:

Throughout your stay at your placement you will have the support and guidance of experienced field-workers and coordinators. They are part of our greater African Impact support team, and will provide you with competent 24-hour field support and assistance.



Project Accommodation:

During your time on the project you will be staying in Jambiani at the project base in shared accommodation with other volunteers. You will be based in beach bungalows in the local village. The bungalows are set just off the beach, but one can see the ocean from the front door and the beach/sea is literally on the doorstep. Volunteers will room with 2 or 3

others and each bungalow has a bathroom en suite. Rooms are comfortable but basic. They are furnished with shelves to put your clothes on and you will be sleeping on bunk beds. We have mosquito nets and fans in the rooms.

You will be able to sit outside at the tables in your back yard in the shade for meal times. Three cooks work on site to prepare regular meals in our kitchen, which will be enjoyed at a communal outside eating area overlooking the sea. You will have house keeping and laundry done on a regular basis. Bedding will be provided but you should bring your own towel.

Our Project Manager will be living on the premises and the office is also based onsite. There will also be a resource room to keep items needed for project work and this can be used as a great space for lesson preparation. With the added backyard space you will be able to sleep outside on the beach recliners on really hot evenings should you wish to do so. You will get some amazing star gazing opportunities!

Please Note: There is NO HOT WATER for showering in - most places in Zanzibar do not have hot water. Water is a precious commodity in Zanzibar and should be used sparingly.



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You will be able to take advantage of the fantastic private stretch of sand and palm trees between the bungalow accommodation and the public beach. It is a great place to soak up the sun, have a swim, read a book or enjoy some beach games. You will also be spoilt to some magnificent sunrises above the ocean.

There is an internet café located in the village, a short distance from the volunteer accommodation; please discuss this with your Project Manager upon arrival.

Please Note:

Zanzibar is a 95% Muslim society, and the majority of local people will take offence at inappropriately dressed visitors. **For this reason, women should not wear revealing clothing. Mini-skirts, sleeveless tops and low necklines should not be worn, especially when in towns and villages and especially whilst doing project work. Women should wear long skirts or shorts/pants (at least knee-length) and cover their shoulders. Women should also note that clothing should not be too tight. Leggings, for example, are not acceptable when working on project. Men should keep their shirts on in the village/town area, and also wear at least knee-length shorts. Trousers are acceptable for both women and men.** Please also ensure that you are able to cover up any tattoos and remove any piercings while you are in Zanzibar. We recommend that you bring comfortable clothes as well as clothes that you don't mind getting dirty.

Please also note that during the month of Ramadan you might be asked to not eat or drink in public places to show respect to the local community.

Project Meals

You will be provided with three nutritious meals a day (exception of 1 night a week at a local restaurant)

Breakfast usually consists of bread, fruit, eggs, tea and coffee.

Lunch and dinner are full meals, and will be provided for you.

Lunches may also be packed or may be local lunches at your placement.

Please note that while we do our very best to provide you with varied and interesting meals, due to the nature of our rural location food will generally be quite simple but still nutritious. We ask that you are not overly fussy and ungrateful with what is provided for you.

Please let us know before you depart for Africa of any food allergies or specific requirements. Please note: vegetarians who also do not eat fish may find the diet here quite restricted, we highly recommend you bring food items with you to provide added protein to your diet.

Project Getting There:

Our company taxi will meet you at the airport in Stone Town and drive you directly to Jambiani!!

You will need to fly directly into **Zanzibar International Airport** in Stone Town, Zanzibar.

There are direct flights from Europe, the United States and South Africa to either Nairobi (Kenya) or Dar Es Salaam (Tanzania) and then easy connections onto Zanzibar Island. Please contact us for any suggestions on airlines.

"I really enjoyed this experience, it was unlike anything I have ever taken part in. I have a new perspective on many things. I would like to do something like this again."

Lauren Rencoret, Aged 20 (USA)

"I have had a great time, I've enjoyed trying to learn a new language and living within a small, friendly community. I have really enjoyed living and working within a culture that is totally different to the one that I am used to."

Meggie Pearce, Aged 21 (UK)

Optional Travel Highlights:

These are not included in your volunteering fee, but our project managers are able to assist you with making the necessary booking arrangements. **See further details on Safari options in our pre-departure information. Here's a few suggestions to whet your appetite!**



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Safari Options

Zanzibar and Tanzania offer a variety of tours and safari options, which are perfect for a week-end getaway, or a post/pre-project safari. Our office in Zanzibar is able to put together a number of different getaways/safaris according to your preference, which include trips to various parts of the archipelago (Spice tours, Historical tours, Jozani Forest etc) and even into Mikumi National Park, Ruaha National Park, the famous Serengeti National Park, the unique Ngorongoro Crater and climbing the mighty Kilimanjaro! And much more...! Available options are typically all-inclusive: transport, transfers, full-board accommodation, services of driver/guide, park entry fees etc. Please contact our Zanzibar office should you require more information on any tour/safari that you are considering.



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